



Well-being

Suffering

Student Objectives

Goal:

To describe the multiple causes of suffering and distinguish between suffering and pain.

Outcomes:

At the end of this module, the student will be able to:

1. Define suffering.
2. Describe the link between pain and suffering.
3. Distinguish the difference between pain and suffering and its' manifestations in patients.
4. Identify the multiple causes of suffering.
5. Describe an approach nurses might use for the patient who is suffering.